

QUICK REFERENCE GUIDE

| Topic | Summary (with reference to the pdf file on the pilgrimage web site http://www.saipilgrimageusa.org/documents/Guidelines_USA_Pilgrimage.pdf) |
|---|--|
| Collective Surrender Sadhana | <ul style="list-style-type: none"> • Daily chant 21 times Gayatri and/or Sai Gayatri • Daily observe silence for 15 minutes at least (Read more in Section 1 “Introduction”) |
| Important Reminders on Pilgrimage and Darshan (read more in Section 2 “Pilgrimage”) | <ul style="list-style-type: none"> • Its important, that we help each other experience Unity and Harmony in the family. • Make best use of the “Gift of His Darshan”. • Allow Swami to decide on all aspects of our journey – including His darshan, special seating, chance to present our offerings. |
| Official Group(s) Date | Registered devotees officially sit as a group from <ul style="list-style-type: none"> ○ <u>Group 1</u>: June 23rd Morning Darshan until July 2nd Morning Darshan. ○ <u>Group 2</u>: July 5th Morning Darshan until July 14th Morning Darshan. |
| Arrival at Ashram(Read more in Section 4 “Accommodations”) | <ul style="list-style-type: none"> • Plan to arrive at the accommodations office during their regular office hours between 8 am - 8 pm. Office location: North 8 building. • If coming by taxi, please instruct the driver to enter via the “Canteen Gate”, where the ashram volunteers will guide you to N-8 building. |
| Registration & Accommodation Details | <ul style="list-style-type: none"> • Volunteers at N-8 will direct you to the USA Registration booth. Check-in will occur at the USA Registration booth. • For families, the primary registrant has to be ready w/ the travel documents for verification. Singles have to do the same individually • The payment of Rs. 125 per room per day has to be made in the Ashram overseas accommodation office and be ready with Indian currency. Exact details will be given at our USA Registration booth by our volunteers. |
| Distribution of Scarves, Badges, Sarees | <ul style="list-style-type: none"> • While you register in North-8 building, contact one of “our” USA group volunteers for the distribution location. |
| First Meeting | <ul style="list-style-type: none"> • Group 1: On June 22nd, 2010 evening at 7:00 pm sharp. • Group 2: On July 4th, 2010 evening at 7:00 pm sharp. • Location: will be communicated upon registering with U.S registration team. |
| First Time Physical Pilgrims | <ul style="list-style-type: none"> • Please take time to read Section 3 of the PDF file on the website for your preparation. |
| May I Help? Leads | <ul style="list-style-type: none"> • In Parthi, please direct all inquiries to May I Help lead. |
| Overall Coordinators | USA Pilgrimage Chairperson: Jonathan Roof <ul style="list-style-type: none"> • <u>Group 1</u>: Harish Naidu • <u>Group 2</u>: Jonathan Roof |
| Contact Phone Numbers in India. | Rohan Balasuriya – India cell 770 272 4959 |

Dos and Don'ts

Dos:

Do read the guidelines as well as Section 6 of the PDF file on the website for a checklist of items to carry with you on the pilgrimage

Do follow the rules/guidelines regarding dress code & code of conduct

Do attend EVERY darshan

Do be on time for meetings, practices and darshan

Do attend all music practice sessions

Do avoid (or at least minimize) leaving the ashram

Do NOT:

Do not leave the darshan hall while Swami is present.

Do not stand up or call out to Swami while He is present.

Do not dress inappropriately

Do not engage in public displays of affection

Do not socialize with members of the opposite sex or visit their rooms

Do not "hang around" the ashram, socializing or "people watching"

Do not "hang around" OUTSIDE the ashram, socializing, or "people watching"